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<b>I Learn Who I Am</b>	
<b>How I feel about myself depends on how you care for me and play with me.</b>	I respect myself when I sense that you are really listening to me. I feel competent when you invite me to help you. I feel proud of what I can do, and your praise makes me feel even better. I feel confident in my abilities when you let me try new things.
<b>I am showing you that my sense of self is growing stronger when I am assertive.</b>	I sometimes insist on doing things my way. When I say, "No!" it often means I am an individual. I may tell you what to do. I may say, "Sit there!"
<b>I am learning language about me.</b>	I know my own name. I can point to and tell you the names of one or more parts of my body. I begin to use "me," "I" and "mine."
<b>I Learn About My Feelings</b>	
<b>My feelings can be very strong.</b>	I laugh and may shriek with joy when I am happy and we are having fun. I can be angry or frustrated and show it by saying "No!" or "Mine!" I may sometimes hit, push or bite because I'm angry or frustrated.
<b>I care deeply about you.</b>	I may look independent sometimes, but don't let that fool you. I may smile, hug you, run into your arms or lean against you to show my affection. When I play, I need you to watch what I do. I may try to follow you or cling when you get ready to leave. I may get frightened when you disappear from my sight. I know now when you're gone, and it frightens me.
<b>Knowing when you will return makes me feel better and helps me learn about time.</b>	I am slowly learning that when those I love leave, they will return. I am learning about time and understand when you say, "I'm coming back after your nap and snack." A consistent daily schedule helps

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	me know when things will happen.
<b>I Learn About People, Objects and How Things Work</b>	
<b>I am learning about choice and choices.</b>	I have favorite toys and favorite foods. I like to choose what to wear.
<b>I like to see and be with other children my age or a little older.</b>	I have fun making silly faces and noises with other children. I may play out simple scenes with others such as, caring for dolls, riding in a train or talking on the phone. I do not know yet how to share but I learn through supervised play with others. You can help us play together peacefully by providing duplicates of our favorite toys.
<b>I want to be like you.</b>	I learn how to relate to other people by watching how you act with me, our family and our friends. I imitate things you do like petting the dog, pushing a vacuum cleaner or getting ready for work. I feel proud and confident when you let me help you with your "real work," like, scrubbing the carrots.
<b>I learn about how the world works.</b>	I am very interested in how the world works. I may go around a sofa when chasing a ball, knowing that it will come out the other side. If my music box winds down, I may try to find a way to start it again. I may use a stick or another object to reach a toy.
<b>I Learn to Move and Do</b>	
<b>I am learning to do new things with my fingers and hands.</b>	I can make marks on paper with crayons and markers. I can stack and line up blocks. I can feed myself with my fingers. I can use a spoon and can drink from a cup.
<b>I am learning to move in new ways.</b>	I can sit in a chair. I can pull myself up and stand by holding onto furniture. I learn to walk, first with help and then alone. Sometimes I still like to

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	<p>crawl. I begin dressing and undressing myself. I can push my foot into my shoe and my arm into my sleeve. I learn to walk forward, take a few steps backwards and try to climb stairs.</p>
<b>I Learn To Communicate and Relate</b>	
<b>I communicate through my expressions and actions.</b>	<p>I look you in the eye to get your attention and express feelings. I point to let you know what I want. I point to pictures of interesting objects, animals and people in books. I hope you will tell me about them. I may hit, kick or bite when I get too frustrated or angry. I need you to help me learn how to express these feelings in acceptable ways.</p>
<b>I communicate using sounds and words.</b>	<p>I create long babble sentences. I use sounds other than crying to get your help. I may be able to say 2 to 10 or more words clearly.</p>
<b>I understand more than you may think much more than the words I can say.</b>	<p>I listen to you and watch you because I understand more than just words. I learn to look at a ball when you say "ball" in my home language. I can tell whether you're happy or upset from the tone of your voice and how much tension I feel in your body when you hold me.</p>